

# THE RADIANT DARK

Collection Of Writings On Life And Islamic Faith

**FIZA SHEIKH**



BlueRose ONE<sup>com</sup>  
S t o r i e s   M a t t e r   D I Y

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## *DEDICATION*

To those who have helped me grow in my faith and have inspired me to share my experiences with others. And to my loved ones who have supported me throughout my journey.  
This book is dedicated to you.



## *ACKNOWLEDGEMENTS*

I am incredibly grateful to the team at Bluerose Publishers for believing in this book and for supporting me throughout the publishing process. Your passion, dedication, and expertise have made this book possible, and I am honored to be working with such a talented group of professionals.

And I would like to thank my family and friends for their love and support throughout this journey. Your encouragement and belief in me have been a constant source of strength, and I am grateful for each and every one of you.

Thank you all for being a part of this journey. I could not have done it without you.

[Fiza Sheikh]



## *FOREWORD*

When I first set out to write this book, I wasn't sure where the journey would take me. All I knew was that I wanted to publish my own book which would be an amalgamation of my experiences portrayed in words.

This book is a Collection of Poetries, Shayaris, Inspirational Quotes, Short Writeups and Explanations. Over many months, I poured my heart and soul into these pages.

This book is a reflection of my own experiences, but it's also a tribute to the countless others who have faced similar struggles. It's a reminder that we are not alone, and that there is always hope, even in the darkest of times.

I want to thank the people who helped me along the way - My family and Friends. Without their support and encouragement, it would be difficult to Write this book.

And I want to Thank Readers for taking the time to read these words. I hope that this book will inspire you, challenge you, and leave you with a sense of hope for the future.

[ Fiza Sheikh]



## *PREFACE*

When I first set out to write this book, I wasn't sure where the journey would take me. All I knew was that I wanted to publish my own book which would be an amalgamation of my experiences portrayed in words.

This book is a Collection of Poetries, Shayaris, Inspirational Quotes, Short Writeups and Explanations. Over many months, I poured my heart and soul into these pages.

This book is a reflection of my own experiences, but it's also a tribute to the countless others who have faced similar struggles. It's a reminder that we are not alone, and that there is always hope, even in the darkest of times.

I hope that this book will inspire you, challenge you, and leave you with a sense of hope for the future. I hope that it will help you to see the world in a new light, and to appreciate the beauty and complexity of the human experience.

But I also want to acknowledge that this book is not perfect. There are moments when my writing falls short, and there are topics that I wish I had explored more deeply. But that's the beauty of writing - it's a process of discovery, and it's never truly finished.

So I invite you to join me on this journey. I invite you to read these pages with an open mind and an open heart, and to see where the journey takes you.

[Fiza Sheikh]





## *PROLOGUE*

It was a dark and stormy night - the kind of night that makes you want to curl up with a good book and forget about the world outside. But I couldn't forget about the world outside, because the world outside was the reason I was writing this book.

For years, I had tried to ignore the pain and the suffering that I saw around me. I had tried to convince myself that everything was fine, that the world was a good and just place. But deep down, I knew that wasn't true.

And so I started writing. At first, it was just a few pages here and there - a way to process my thoughts and feelings. But as I wrote, I began to realize that I had a story to tell - a story that needed to be heard.

This book is the result of that journey. It's a reflection of my own experiences, but it's also a call to action - a call to all of us to recognize the pain and suffering that exists in the world, and to work together to create a better future.

I don't claim to have all the answers, and I don't claim to be an expert on anything. But I do know that we can't keep ignoring the problems that surround us. We can't keep pretending that everything is fine.

So I invite you to join me on this journey. I invite you to read these pages with an open mind and an open heart, and to see where the journey takes you.

[Fiza Sheikh]



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## ***1. Journey To Faith***

### **The Strength of Faith**

#### ***The Strength of Faith***

- *Todna chahe agar koi.*
- *Toh Toot'te nahi hai.*
- *Emaan Wale pakke hote hai.*
- *Apni Haq baaton se mukarte nahi hai.*

***-Fiza Sheikh***

*This Islamic Poetry means that people who have strong faith do not easily give up in the face of challenges. They remain steadfast in their beliefs and do not compromise on their principles.*

## Inner Peace

***Tu ALLAH se Mohabbat rakh aey Insaan.***

***Wahan tujhe thukraye jane ka Khauf nahi hoga***

***-Fiza Sheikh***

*This lines suggests that one's life can be transformed through the power of love for Allah. By loving Allah, one can find inner peace and contentment, and experience a sense of purpose and meaning in life. This love can inspire one to live a life of compassion, kindness, and generosity towards others, and to strive towards personal growth and spiritual development. The quote encourages us to focus on the beauty and blessings that Allah has bestowed upon us, and to live a life that reflects our love and gratitude for Him. Ultimately, the quote reminds us that our relationship with Allah is the source of true happiness and fulfillment in life.*

## Blessings of Allah The Almighty

- *ALLAH ki Naimato ko jab tum paoge toh sare dard bhul jaoge.*
- *Woh Badshaho ka Badshah hai.*
- *Woh Jab Nawazta hai toh ek pal mei Fakeer ko bhi Badshah bana deta hai.*

**-Fiza Sheikh**

*This Quote in Urdu language expresses the idea that when one realizes the blessings of Allah, all pain and suffering will be forgotten. Allah is described as the King of Kings, who even has the power to transform the life of the beggar into a king in a single moment. The quote emphasizes the idea that Allah's blessings are so great that they can instantly transform a person's life. It encourages us to be thankful for all the blessings that Allah has bestowed upon us, and to recognize that even in difficult times, Allah is always there to provide us with comfort and support.*

## The Power of Faith: Overcoming Challenges with Allah Subhanahu Wa Ta'ala's Help

### ***The Power of Faith: Overcoming Challenges with Allah Subhanahu Wa Ta'ala's Help***

- *Jab ham ALLAH k Qareeb hojate hai toh cheezein asan lagne lagti hai.*
- *Badi se Badi Mushkil ka dar bhi Mit jata hai.*
- *Jaise hamara Dil keh raha ho "ALLAH hai naw".*

***-Fiza Sheikh***

*This quote in urdu language expresses the idea that when we become close to Allah, everything becomes easier and even the biggest difficulties become surmountable. The quote suggests that when we have a strong faith in Allah, we can face any challenge with courage and determination. It emphasizes the idea that Allah is always with us, providing us with strength and guidance, and that we should trust in His plan for us. The quote encourages us to deepen our relationship with Allah and to seek His presence in our lives, so that we may find peace and comfort in even the most difficult of times.*

Allah **سُبْحَانَهُ وَتَعَالَى** "Subhanahu Wa Ta'ala"- "Glory be to him, the Exalted"

## Rely upon ALLAH THE CREATOR OF WORLD AND HEAVENS

### ***Rely upon ALLAH THE CREATOR OF WORLD AND HEAVENS***

- *She stopped Worrying.*
- *Her anxiety got away.*
- *As she placed her trust in Allah Subhanahu Wa Ta'ala.*
- *She found Peace in everything.*

***-Fiza Sheikh***

*This quote suggests that when we rely on Allah, the Creator of the world and heavens, we can find freedom from worry and anxiety. The quote emphasizes the idea that Allah is the source of peace and comfort, and that placing our trust in Him can help us to overcome our fears and concerns. The quote encourages us to have faith in Allah's plan for us, and to seek His guidance and support in all aspects of our lives.*

## The Power of Dua: Finding Hope and Light in Allah Subhanahu Wa Ta'ala's Mercy

### ***The Power of Dua: Finding Hope and Light in Allah Subhanahu Wa Ta'ala's Mercy***

- *Bas ek dua maangne ki deri hoti hai. ALLAHPAAK ke kun kehte hi Cheeze badal jati hai.*
- *It goes from Darkness to light in less than a second.*
- *So Tell him everything For He is the Master of all Miracles.*

***-Fiza Sheikh***

*This quote expresses the idea that Allah is the master of all miracles, and that we should turn to Him in prayer and supplication. The quote suggests that even in the darkest of times, we can find hope and light through our faith in Allah. It emphasizes the idea that Allah has the power to transform our lives instantly and that we should trust in His plan for us. The quote encourages us to make dua (supplication) to Allah, and to share our hopes, fears, and dreams with Him, knowing that He is always listening and responding to our prayers.*

## The Power of Friendship with Allah The Almighty: Finding Ease in a Difficult World

### ***The Power of Friendship with Allah The Almighty: Finding Ease in a Difficult World***

*Yeh Duniya hai Jannat nahi isliye yahan Mushkilein toh ayengi hi. Lekin Ham agar ALLAHPAAK se Dosti karlein toh yeh Zindagi badi Asan lagne lagti hai. Pareshaniyan hame Mayus nahi kar pati. Logon ki fikar nahi rehti. Kisi cheez ki fikar nahi rehti. Hamein bas is baat ki fikar rahegi k Hamare Amal achhe hai ya nahi aur ALLAH hamse Razi hai ya nahi. Q k Akhir mei toh hame ALLAHPAAK ko hi Razi karna hai naw.*

***-Fiza Sheikh***

*This quote in Urdu language expresses the idea that life in this world is full of challenges and difficulties, but if we become friends with Allah, our life becomes easier. The quote suggests that when we have a strong relationship with Allah, we don't get discouraged by problems and challenges. It emphasizes the idea that we should not worry about what people think about us or what will happen in the future. Instead, we should focus on doing good deeds and pleasing Allah. The quote encourages us to make Allah happy, because ultimately that is what matters.*

## A Way through Difficulties

- *When there is no Way.*
- *There is always a way*
- *Which is of ALLAH SWT.*

***-Fiza Sheikh***

*This quote suggests that when we face a difficult situation and feel like there is no way out, we should turn to Allah for guidance and help. The quote emphasizes the idea that Allah is the ultimate source of solutions and that we should trust in His plan for us. It encourages us to have faith in Allah's power and to seek His help when we feel lost or helpless. The quote suggests that even when we can't see a way forward, Allah can guide us to find a way through our difficulties.*



## Trust on Allah Subhanahu Wa Ta'ala

- *Life Becomes Beautiful When You Trust on Allah Subhanahu Wa Ta'ala. Because There are no Sad Endings for those who Trust on Allah Subhanahu Wa Ta'ala.*

**-Fiza Sheikh**

*This quote is rooted in Islamic beliefs, which teach that Allah is merciful, compassionate, and just, and that He has a plan for every person's life. When we trust in Allah, we believe that He will guide us, protect us, and provide for us, both in this life and the hereafter. This trust gives us the strength and courage to face life's challenges and to overcome them with faith and resilience. In Islam, there is a strong emphasis on the importance of trusting in Allah, and this trust is seen as a key component of a fulfilling and meaningful life. By placing our faith in Allah, we can find peace, happiness, and fulfillment, knowing that He is always with us, guiding us on our journey.*

## The Search for Inner Peace: Finding Contentment in a Relationship with Allah Subhanahu Wa Ta'ala

### ***The Search for Inner Peace: Finding Contentment in a Relationship with Allah Subhanahu Wa Ta'ala***

- *If you are finding Peace in this World, You are finding it in a Wrong place. Get Closer to Allah The Almighty and than see How Your Heart is at Peace.*

***-Fiza Sheikh***

*This quote suggests that true peace cannot be found in this world, and that we should seek a closer relationship with Allah in order to find inner peace. The quote emphasizes the idea that Allah is the ultimate source of peace and that we should turn to Him for comfort and guidance. It encourages us to focus on our spiritual well-being and to prioritize our relationship with Allah over worldly pursuits. The quote suggests that when we have a strong connection with Allah, our hearts will be at peace, even in the midst of difficult circumstances.*

## The Power of Repentance: Seeking Forgiveness from Allah The Most Merciful

### ***The Power of Repentance: Seeking Forgiveness from Allah The Most Merciful***

- ***Make Sincere Tauba. Repent to Allah Subhanahu Wa Ta'ala . For He is the Oft-Forgiving Most Merciful. Besides Allah The Almighty who can forgive you O Sinner?***

***-Fiza Sheikh***

*This quote emphasizes the importance of repentance and seeking forgiveness from Allah. The quote suggests that Allah Subhanahu Wa Ta'ala is the ultimate source of forgiveness and mercy, and that we should turn to Him when we have made mistakes or committed sins. It encourages us to make sincere repentance and seek forgiveness from Allah, who is always ready to forgive us. The quote also suggests that there is no one else who can forgive us for our sins, and that we should rely on Allah's mercy and forgiveness.*

## Living a Halal Lifestyle: Finding Joy and Beauty in Allah Subhanahu Wa Ta'ala's Blessings

### ***Living a Halal Lifestyle: Finding Joy and Beauty in Allah Subhanahu wa ta'ala's Blessings***

- *Life is Beautiful.*
- *Learn to enjoy it in a Halal Way.*

***-Fiza Sheikh***

*This quote suggests that life is a beautiful gift from Allah, and that we should enjoy it in a way that is permissible in Islam. The quote emphasizes the idea that we should seek enjoyment in things that are halal, or lawful, and avoid things that are haram, or forbidden. It encourages us to find happiness and joy in the blessings that Allah has given us, such as our families, friends, and the natural world. The quote suggests that by living a halal lifestyle, we can appreciate the beauty of life without compromising our faith.*

## The Fear of Separation: Prioritizing a Relationship with Allah Subhanahu Wa Ta'ala

### ***The Fear of Separation: Prioritizing a Relationship with Allah Subhanahu Wa Ta'ala***

- *Pehle use kai Cheezon ka Darr laga rehta tha.*
- *Magar ab sirf ek Cheez use Darati hai.*
- *K koi Cheez use ALLAHPAAK se Door naa kardein.*

***-Fiza Sheikh***

*This quote suggests that the writer used to be afraid of many things, but now She is only afraid of one thing: being separated from Allah. The quote emphasizes the idea that Allah is the ultimate source of protection and guidance, and that we should strive to stay close to Him. It encourages us to prioritize our relationship with Allah over worldly fears and worries, and to seek His help and guidance in all aspects of our lives. The quote suggests that when we have a strong connection with Allah, we can overcome our fears and find peace and comfort in His presence.*

## A New Life

### ***Finding a New Life: Embracing Allah Subhanahu Wa Ta'ala's Guidance***

- Allah ki badi Rehmat barsi  
hai uspar  
jisko Allah ne hidayat di
- Mai woh woh nahi hoon  
mai naya naya sa safed  
aks hoon
- Har cheez se saaf  
har cheez se pare  
sukoon ka paigham
- Allah ki badi rehmat hui  
mano mujhe nayi zindagi  
mili

***-Fiza Sheikh***

*This poem suggests that the Author has recently found guidance from Allah and is experiencing a new sense of peace and clarity. The poem emphasizes the idea that Allah's mercy and guidance is available to everyone who seeks it, and that through this guidance, we can find a new sense of purpose and meaning in our lives. It encourages us to strive for purity and clarity in all aspects of our lives, and to embrace the message of peace that comes with a strong connection to Allah.*

## Living Fully: Embracing the Islamic Way of Life

### ***Living Fully: Embracing the Islamic Way of Life***

- *Kaun kehta hai ki aap Islamic tareeqo se zindagi khul ke nahi jee sakte?*
- *Janab, Zindagi toh wohi se shuru hoti hai.*

***-Fiza Sheikh***

*The text is a rhetorical question that challenges the idea that one cannot live life to the fullest by following Islamic principles. The speaker is suggesting that Islam provides a complete and fulfilling way of life that allows one to experience joy and happiness in this world and in the hereafter.*

*The teachings of Islam encourage us to cultivate a strong connection with Allah, to practice compassion and kindness towards others, and to strive for personal growth and self-improvement. By following these principles, we can find a sense of purpose and direction in our lives, and can experience a deep sense of peace and contentment. Ultimately, Islam offers us a path to true happiness and fulfillment, both in this life and in the hereafter.*

*Overall, the text suggests that the Islamic way of life is not a hindrance to living fully, but rather a means of achieving true happiness and contentment.*

## Jannah: The Ultimate Destination for Muslims

### ***Jannah: The Ultimate Destination for Muslims***

- *I want a Place where only Halal Things Exist.*
- *A place where there are no Regrets with us.*
- *A place where nothing is considered as a Sin.*
- *A place where Roses do not Come with Thorns.*
- *Yes I want a Place where Devil do not come in the Form of Angel.*
- *A Place where there is Ultimate Happiness.*

***-Fiza Sheikh***

*The poem expresses a desire for a perfect place where everything is pure and good, and where there is no wrongdoing or regret. The author is seeking a place where they can live without fear of sin or punishment, and where they can experience ultimate happiness.*

*In Islamic belief, such a place is Paradise (Jannah), which is described in the Quran as a place of ultimate happiness and fulfillment.*

*Islamic teachings emphasize the importance of striving to live a good and righteous life, guided by the principles of faith, compassion, and justice. Muslims believe that by following these principles, they can earn the reward of Paradise in the hereafter.*



## THE RADIANT DARK

*The poem also suggests a desire for a place where there is no sin or punishment. In Islam, sin is viewed as a violation of the divine law, and it is believed that every soul will be held accountable for their deeds on the Day of Judgement. However, Islam also emphasizes the importance of repentance and seeking forgiveness from Allah, who is Merciful and Forgiving.*

*Overall, the poem reflects a desire for a perfect and ideal world. In Islamic belief, this ideal world is represented by Paradise, which is the ultimate destination for believers who strive to live a good and righteous life.*

## SuperPower

- *Someone: What is Your SuperPower?*
- *Me: Dua*

**-Fiza Sheikh**

*In Islamic belief, dua is a form of worship that involves supplicating to Allah for guidance, help, forgiveness, or blessings. Muslims are encouraged to make dua regularly, both in times of need and in times of gratitude, as a way of maintaining a close and humble relationship with Allah.*

*The quote suggests that the Writer's superpower is dua, which can be interpreted as a recognition of the power of prayer and the importance of relying on Allah's help and guidance. In Islam, dua is considered to be a powerful tool for spiritual growth and personal transformation, as it allows believers to express their deepest desires and concerns to Allah and seek His mercy and support.*

*Muslims believe that Allah is the ultimate source of all power and strength, and that nothing can happen without His permission and will. Therefore, making dua is seen as a way of acknowledging Allah's sovereignty and seeking His help and guidance in all aspects of life.*

*Overall, the quote reflects a belief in the power of dua as a means of connecting with Allah and seeking His help and guidance. By making dua regularly, Muslims can cultivate a deeper sense of faith, gratitude, and humility, and draw closer to Allah's mercy and blessings*

## Modesty

- *Let's Stay Free. Let's Stay Independently.*
- *But Let's stay in Modesty. Let's Stay Religious.*

**-Fiza Sheikh**

*This quote suggests that the Writer values freedom, independence, modesty, and religious devotion. It encourages people to embrace these values as a way of living a fulfilling and purposeful life.*

*The phrase "Let's Stay Free" implies a desire for personal liberty and autonomy, while "Let's Stay Independently" suggests a preference for self-reliance and individualism. The phrase "Let's stay in Modesty" suggests a belief in the importance of humility and propriety, while "Let's Stay Religious" reflects a commitment to spiritual and moral values.*

*Overall, the quote encourages people to live a life that is guided by principles of freedom, independence, modesty, and religious devotion, as a way of finding meaning and purpose in the world. It suggests that by embracing these values, people can cultivate a sense of inner peace, contentment, and fulfillment, and contribute to the well-being of themselves and others.*

## The Journey to Self-Love and Faith

### ***The Journey to Self-Love and Faith***

- *Dear Me*
- *I Love You!*
- *Yes I Do!*
- *I Love You for Getting Up when It seemed Like Now it's Going to end.*
- *I Love You The Way You Are*
- *I Love You when U stay away from getting Hard On Yourself*
- *Hey! Remember that Girl Who was a Bit Different Before*
- *Yes! How She was na!*
- *Yupsie She Was Cool But Now She is A Queen A Hijabi Queen*
- *Yeah U are Right*
- *And Although That Old Girl Was Cool But She was in Search of Something.*
- *Yeah!*
- *So The New You*
- *Did U find that?*
- *Did U Find the thing which u were Searching?*
- *Yuppsiee I Got That*
- *I Got ALLAH*
- *And So I got EVERYTHING*
- *And Definately I got that Thing too Which I was Searching the Most.*
- *Good! I Love U and See Yaa*
- *And Yaa One Advice*
- *What?*

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- **BE CAREFUL DON'T LET ANYTHING KILL THAT THING WHICH U WERE SEARCHING FOR. KEEP IT SAFE.**
- **OHKAY I WILL BE CAREFUL IN SHA ALLAH.**

**-Fiza Sheikh**

*This conversation reflects the journey towards self-love, faith, and resilience that is central to Islamic teachings. By recognizing and appreciating one's own strengths and accomplishments, and by placing trust in Allah, individuals can find comfort and guidance in difficult times. The advice to protect what one is searching for is a reminder to stay true to one's values and beliefs, and to not let external pressures or negativity influence one's path in life. This conversation is a beautiful expression of the values of self-love, faith, and resilience that are central to Islamic teachings.*

## Radiant Light

- *Kiski Roshni hai Yeh?*
- *Kehte hai yeh uski Chamak hai jo Gehre Zakhmo k bhar jane ke baad aati hai.*
- *Aur Dil k Zakhm yunhi nahi bhara karte.*
- *Yeh mere AL-JABBAR MERE ALLAHPAAK KA KARAM HAI.*

***-Fiza Sheikh***

*It is believed that this light is the radiance that appears after one has experienced deep wounds. It is not only the physical wounds that are healed, but also the emotional and spiritual wounds that are addressed. This light is a manifestation of the mercy of Allah, who is known as Al-Jabbar, the one who mends and restores all things. It is through His grace that we are able to find healing and renewal, and to emerge from our struggles stronger and more resilient.*

- **No matter How Hard it gets Sometimes.**
- **The Light will find you IN SHA ALLAH.**

***-Fiza Sheikh***

*In Islam, we believe that Allah is always with us, even during the most difficult times. No matter how hard it gets, we can find hope in the promise that Allah will guide us towards the light. The phrase "In sha Allah" reminds us that Allah has a plan for our lives, and that everything happens for a reason. Even when we face challenges that seem insurmountable, we can trust that Allah will help us find the strength and resilience to overcome them. The light of hope in Islam is a reminder that even in the darkest of*

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*times, there is always a way forward. By putting our trust in Allah and seeking His guidance, we can find the light that we need to move forward and face whatever challenges come our way.*

## Supplication

- *Karz-E-Gham Q chukaye*
- *Jab Dua'on se Cheezein Mumkin ho*

**-Fiza Sheikh**

*This Urdu Poetry highlights the healing power of Islamic prayer and faith in overcoming the burdens of grief and sorrow. Through the practice of dua and the guidance of Islamic teachings, individuals can find solace and comfort in the face of adversity. It reminds us that even in our darkest moments, Allah is always present, listening to our prayers and offering us the strength and guidance we need to overcome our struggles. By turning to Allah in times of need, we can find the peace and healing we seek, and emerge from our trials stronger and more resilient than before.*



## The Power of Islamic Prayer: Trusting in Allah Subhanahu Wa Ta'ala's Plan and Mercy

### ***The Power of Islamic Prayer: Trusting in Allah Subhanahu Wa Ta'ala's Plan and Mercy***

- *Wo Dua'en jinhe mangte waqt kabhi lagta tha k jese yeh mumkin  
nahi wo Qubool ho chuki hai  
Un Duaon pe "Kun" kaha jaa chuka hai  
Beshak ALLAHPAAK har cheez pe Qadir hai  
Tou Dua'en mangna na chhorein  
Dua'en radd nahi hoti wo Qubool hoti hi hai bas Qubool hone ka  
tariqa aur waqt alag rehta hai  
Ya to wo cheez hame isi Duniya mei mil jayegi ya Akhirat me Ya fir  
hame us se behtar cheez se nawaz diya jayega jo hamare haq me  
Behtareen hoga  
IN SHA ALLAH*
- *Kun-"Be and it is"  
Al-Qādir- "the all-powerful, He who is able to do everything,"*

***-Fiza Sheikh***

*This Urdu lines highlights the power of Islamic prayer and the importance of trusting in Allah's plan and mercy. Through the practice of dua, individuals can find peace and comfort in the knowledge that Allah is always listening and responding to their prayers. The text emphasizes that while some prayers may seem impossible to be answered, Allah is Al-Qadir, the all-powerful, and is capable of granting us what we need, when we need it. These lines reminds us to never stop praying, as Allah is always listening, and to trust in His plan for us, even when we cannot see the way forward. By placing our faith and trust in Allah, we can find the strength and guidance we need to navigate life's challenges, and emerge from them stronger and more resilient than before.*

## The Power of Perseverance: Overcoming Life's Challenges through Faith.

### ***The Power of Perseverance: Overcoming Life's Challenges through Faith.***

*You may have doubted your ability to persevere, but here you are now, and that's what truly counts. Life can often feel like an ongoing struggle to survive, exist, and fight against our own desires. However, it's important to resist these temptations and strive towards achieving paradise, Insha'Allah.*

***-Fiza Sheikh***

*This quote highlights the power of perseverance and faith in overcoming life's challenges. The conversation reminds us that life is full of obstacles and struggles, but through our faith and determination, we can overcome them and emerge stronger than before. We can go through islamic history and learn patience and other virtues from our Beloved Prophet Muhammad ﷺ (peace and blessings of Allah be upon him), his family and companions as they have gone through several tests and trials in their life. The quote encourages us to keep fighting against our inner desires and to strive towards our ultimate goal of Jannah, the eternal paradise promised to us by Allah. By persevering through life's challenges and keeping our faith strong, we can find the strength and guidance we need to navigate life's ups and downs, and emerge from them as better, more resilient individuals.*

## Transforming Thoughts into Prayer

- *I transformed those thoughts into Prayer. Those things gathered like an Ocean into my Mind. But I transformed it into a Prayer. I transformed it into a Convo with ALLAH SWT.*

**-Fiza Sheikh**

*"Transforming Thoughts into Prayer" here means turning thoughts into a supplication or prayer to Allah. This can be done by focusing our mind and heart on our intentions and asking for guidance, help, or forgiveness.*

*This text highlights the power of prayer and the importance of finding peace and comfort through conversations with Allah. It emphasizes that prayer is a powerful tool for connecting with Allah, and that by transforming our thoughts and concerns into prayers, we can find solace and guidance in even the most challenging times. The lines encourages us to approach prayer as a conversation with Allah, opening our hearts and minds to His guidance and wisdom. Through prayer, we can find the strength and clarity we need to navigate life's challenges, and emerge from them with renewed faith and determination. By making prayer a regular part of our lives, we can cultivate a deeper relationship with Allah, and experience the peace and comfort that comes from knowing that He is always with us.*

## Belief in Allah The Almighty

- *Beshak Mojze Mumkin hai.*
- *Bas Yakeen se Dua'on tak ka safar.*
- *Aur uske baad "Kun" ka Intezaar.*
- *Indeed, miracles are possible. It is a journey from faith to prayer, and then waiting for Allah's command. I am doing well, Alhamdulillah, but I am caught up in some thoughts. These thoughts are not meaningless; they are actually strengthening my belief system. Sometimes I wonder what people will think, but I remind myself that I should strive to be the person whom Allah loves. As I was saying, these thoughts are making my belief system stronger. It may sound funny if you were to hear it, but when it happens, you will know the true meaning of a miracle. If you pray with firm faith, then you will see that what you have envisioned will come to life, even if it seems impossible. This is what is called a 'mojza,' a miracle from Allah SWT. I truly believe in it because I have already experienced some miracles in my life, Alhamdulillah and Subhanallah. And now, I am eagerly waiting for another one, Insha'Allah.*

**-Fiza Sheikh**

*This conversation highlights the power of faith and the importance of finding strength and miracles through belief in Allah. The conversation emphasizes that faith is a powerful tool for connecting with Allah, and that by trusting in His plan and His guidance, we can find the strength and clarity we need to navigate life's challenges. The conversation encourages us to have firm faith in Allah and to pray with conviction, knowing that He is always with us and that He has the power to make the impossible possible. By cultivating a deep and abiding faith in Allah, we can experience the miracles that He has in store for us, and emerge from life's challenges with renewed faith and determination. Through faith, we can find the peace, comfort, and guidance that we need to live our best lives and to fulfill our true potential. As Muslims, we believe that Allah is the most merciful and compassionate, and that He is always ready to help us, guide us, and support us on our journey. By placing our trust in Him, we*

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*can overcome any obstacle and achieve success in this life and the hereafter.*

## Purpose of Life

- Maksud hai tabhi toh Zinda mehsoos hota hai.
- Suna hai Bin-Maksud jeena Mushkil hai.

**-Fiza Sheikh**

*In life, having a clear sense of purpose is essential for feeling alive and fulfilled. When we have a goal or a mission that we are working towards, we feel a sense of direction and meaning that gives us energy and motivation. The phrase "Maksud hai tabhi toh Zinda mehsoos hota hai" (meaning "It is only through having a purpose that we feel truly alive") reminds us of the importance of having a sense of purpose in our lives. Without a clear goal or mission, it can be difficult to find meaning in our day-to-day activities, and we may feel lost or unfulfilled.*

*On the other hand, "Suna hai Bin-Maksud jeena Mushkil hai" (meaning "It is said that living without purpose is difficult") highlights the challenges that can arise when we lack a clear sense of purpose. When we don't have a goal or a mission that we are working towards, we may feel aimless or directionless, and we may struggle to find meaning in our lives. This can lead to feelings of boredom, apathy, or even depression.*

*In Islam, we believe that Allah has a plan for each of us, and that our purpose in life is to serve Him and fulfill His will. By seeking guidance from Allah and working towards fulfilling our purpose in life, we can find the sense of direction and meaning that we need to feel truly alive and fulfilled. Whether our purpose is to help others, to pursue a particular career or passion, or to simply be a good Muslim, having a clear sense of purpose is essential to living a happy and fulfilling life.*

## Focus on pleasing Allah Subhanahu Wa Ta'ala

- *Fikar is baat ki q karte ho k Log kya sochte hai aapke bare mei*
- *Fikar is baat ki q karte ho k Log aapko galat samajh rahe hai*
- *Allah Subhanahu Wa Ta'ala k liye aap kis tarah k Shakhs ho bas Yeh socha karo.*
- *Aur Allah k Hidayat k raaste ko na chhora karo*
- *Baki Logo ko toh Allah Subhanahu Wa Ta'ala sambhal lenge.*

*-Fiza Sheikh*

*In Islam, it is important to remember that our worth and value come from Allah, not from the opinions of others. The phrase "Fikar is baat ki q karte ho k Log kya sochte hai aapke bare mei" (meaning "Why worry about what others think of you?") reminds us that our focus should be on pleasing Allah and living according to His will, rather than worrying about the opinions or judgments of others.*

*Similarly, "Fikar is baat ki q karte ho k Log aapko galat samajh rahe hai" (meaning "Why worry about people misunderstanding you?") encourages us to trust in Allah's plan for our lives, rather than worrying about how others perceive us. We cannot control how others view us, but we can control our own actions and intentions. By focusing on pleasing Allah and living according to His will, we can trust that He will guide us towards the right path, and that others will see us in the best light possible.*

*Finally, "Aur Allah Subhanahu Wa Ta'ala k Hidayat k raaste ko na chhora karo, Baki Logo ko toh Allah Subhanahu Wa Ta'ala sambhal lenge" (meaning "Do not stray from the path of Allah's guidance, and Allah will take care of the rest") reminds us that our ultimate goal should be to live according to Allah's will, and to seek His guidance in all things. When we trust in Allah and follow His guidance, we can be confident that He will take care of the rest, and that we will be able to navigate the challenges and difficulties of life with grace and strength.*



## Allah Subhanahu Wa Ta'ala is enough

***The Happiest People are those who have found out that Allah Subhanahu Wa Ta'ala is enough.***

***-Fiza Sheikh***

*The quote "The happiest people are those who have found out that Allah Subhanahu Wa Ta'ala is enough" is a powerful reminder of the importance of putting our trust in Allah, and finding contentment in His sufficiency. In Islam, we are taught that true happiness comes not from material possessions or worldly success, but from a deep and abiding connection to Allah, and a sense of peace and contentment that comes from knowing that we are living according to His will.*

*When we put our trust in Allah, and seek His guidance in all things, we can find a sense of purpose and meaning that transcends the fleeting pleasures of this world. We can find joy in the simple things, and in the knowledge that we are fulfilling our purpose as Allah's servants. We can find comfort in the knowledge that Allah is always with us, guiding us and protecting us, and that He will never abandon us, no matter what challenges we may face.*

*Ultimately, the key to finding happiness in Allah's sufficiency is to cultivate a deep and abiding connection to Him through prayer, reflection, and acts of service. By seeking His guidance in all things, and striving to live our lives in accordance with His will, we can find a sense of peace and contentment that is unmatched by anything this world has to offer.*



## ***2. Soulful Reflections***

### **Finding Strength and Happiness in Difficult Times**

#### ***Finding Strength and Happiness in Difficult Times***

*Mind full of thoughts and Heart full of Emotions*

*Oh Friend! There are times when everything seems so Heavier but it isn't  
And the thing we don't realize at the Right time is "This too shall pass"*

*Good Times and Hard Times just revolve*

*But in that process u Try to hold ur Own Self or else Change Urself but  
for the Good*

*'Coz Good Changes makes You More Stronger More brave and More  
Happier*

*So Friends! Be Happy but Don't get much drowned in the Happiness of  
Happy times as this World is just an Illusion*

*And one More thing True Happiness comes when U have a connection  
with Allah Subhanahu Wa Ta'ala*

***-Fiza Sheikh***

*The statement "Mind full of thoughts and heart full of emotions" is a powerful reminder of the challenges we face in life, and the importance of finding strength and happiness in difficult times. In Islam, we are taught that life is a test, and that we will face many challenges and hardships along the way. But we are also taught that Allah is always with us, guiding us and protecting us, and that we can find strength and comfort in His love and mercy.*

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*When we face difficult times, it can be easy to feel overwhelmed and discouraged. But it is important to remember that these challenges are temporary, and that they will pass. By focusing on the present moment, and taking things one step at a time, we can find the strength and courage we need to overcome even the most difficult obstacles.*

*At the same time, it is important to remember that true happiness comes not from material possessions or worldly success, but from a deep and abiding connection to Allah. By cultivating this connection through prayer, reflection, and acts of service, we can find a sense of peace and contentment that is unmatched by anything this world has to offer.*

*In the end, the key to finding strength and happiness in difficult times is to focus on the things that truly matter: our faith, our relationships, and our inner strength and resilience. By staying true to ourselves and our values, and by trusting in Allah's love and guidance, we can navigate even the most challenging circumstances with grace and dignity.*

## The Beauty of Love and Connection

### ***The Beauty of Love and Connection***

*If there will be a Day of Odd Circumstances in which we have to go Far  
Away from each other.*

*Then Remember there will still be pieces of me in u and urs in mine.*

*Oh No No They Are not the Pieces.*

*They are the Beautiful Flowers of Emotions left in us.*

*Yeah! That's What her Name Resembles.*

*Somewhat Which Comes in Spring.*

*In Which each and every dried flower Blossoms.*

*Yeah!.. Falling in Love is Like Autumn..*

*But I hope Our Ending is Like Spring.*

*Yeah!..That's What Her Name Resembles.*

***-Fiza Sheikh***

*It is a beautiful thing to feel a deep connection with another person,  
and to know that even if you are separated by distance or circumstance, a  
part of that person will always be with you. Love is like a flower that  
blossoms in the spring, bringing beauty and joy to our lives. And even when  
the flower fades and dies, its memory lives on, leaving behind a legacy of  
beauty and love.*

*Falling in love can be like the autumn, with its fiery colors and  
bittersweet ending. But we can choose to embrace the beauty of the season,*

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*and to find joy in the changing of the leaves. And we can hope that our own love story will have a happy ending, like the arrival of spring, with its promise of new beginnings and fresh starts.*

*Ultimately, the beauty of love is not in its ending, but in the connections we make along the way. Whether we are together or apart, the memories and emotions we share will always be a part of us, reminding us of the beauty and joy of being alive. So let us cherish those connections, and hold them close to our hearts, knowing that they will always be there, like the flowers of spring, reminding us of the beauty and magic of life.*

## Silence has a lot to Say

### ***Silence has a lot to Say***

- *Silence has a lot to say*
- *Words are shouting so loud,*
- *But can't find a voice to speak.*
- *This Silence has a lot to say*
- *It has a lesson to teach*
- *It has Emotions, Tears, Memories & Happiness*
- *People have questions to ask like Why this Person has gone Silent?*
- *But How they would know the voice of silence speaking the realities of Life.*

***-Fiza Sheikh***

*Silence can be a powerful thing. When we are quiet, we have the opportunity to think deeply, to reflect on our lives, and to connect with our inner selves. And when we listen to the silence, we can hear the voice of our own heart.*

*But silence can also be misunderstood. When someone goes quiet, we may assume that they are angry or upset, when in fact they may simply be processing their emotions or thoughts. And when we are surrounded by noise and chaos, it can be difficult to appreciate the beauty and power of silence.*

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*So let us take a moment to appreciate the power of silence, and to listen to what it has to say. Let us be still, and allow ourselves to connect with the deeper truths of our lives. And let us remember that even when we are silent, we are still speaking volumes, through the emotions, tears, memories, and happiness that are a part of who we are.*

*In the end, the power of silence is not in what it says, but in what it teaches us about ourselves and the world around us. So let us embrace the silence, and allow ourselves to be transformed by its beauty and wisdom.*



## Eyes

***How could we Understand Eyes? When eyes tells us more deeper things than Words.***

***-Fiza Sheikh***

*The quote gives us the idea that the eyes are a powerful tool for communication and connection. While words can convey information, they are often limited in their ability to express the full range of human experience. Eyes, on the other hand, can communicate volumes through their expressions, movements, and gaze.*

*In this quote the Writer is trying to tell us that eyes are the window to the emotions but understanding those eyes requires a very strong connection with that person, only then we are able to know and understand the feelings.*

## Self-Love

- *If People will see through my Eyes.*
- *They will fall in Love with Themselves.*

**-Fiza Sheikh**

*In today's world, there is so much pressure to conform to certain standards of beauty, success, and happiness. However, when we learn to see ourselves through a lens of love and compassion, we become more resilient, more confident, and more able to pursue our dreams and goals.*

*As Muslims, we are taught to recognize the inherent worth and value of all human beings, as every one of us is created by Allah in His image. When we see ourselves through Allah's love for us we are able to recognize our own beauty and worth, and to appreciate the unique qualities and strengths that He has given us.*

*This is a beautiful reminder of the importance of self-love and self-acceptance in Islam, and of the power of Allah's love to transform our lives and our relationships with others.*

## Writing

- *Some things aren't measurable*
- *Some things aren't just said randomly*
- *Maybe Some things couldn't be explained in that way*
- *So it is Written by the Writers*

**-Fiza Sheikh**

*The quote speaks to the idea that there are certain experiences and truths that cannot be quantified, expressed plainly, or easily understood. These are the kinds of things that are often explored and expressed through the art of writing.*

*Writing allows us to delve into the complexities of the human experience, and to explore the deeper truths that cannot be captured through simple words or measurements. Through writing, we can explore the nuances of emotion, the intricacies of relationships, and the mysteries of the universe.*

*At the same time, writing is also an act of interpretation. The writer must take the raw material of experience and shape it into something that can be understood and appreciated by others. This requires a deep understanding of the human psyche, as well as a gift for language and storytelling.*

*Ultimately, the quote suggests that writing is a powerful tool for exploring the mysteries of life. Whether we are seeking to understand our own experiences, or to connect with others in meaningful ways, writing*

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*allows us to express the ineffable truths that lie at the heart of the human experience.*

## This City

# ***YEH SHEHER***

- *Yeh Sheher Jaldi hi Chhor Jaayenge.*
- *Jinhe Gile Shikve hai Unke liye Khushi k Lamhaat Chhor Jaayenge.*
- *Jinhe Hamse Pyaar hai unki Ankhon mei Nami Chhor Jaayenge.*
- *Yeh Sheher Ham Jaldi hi Chhor Jayenge.*
- *IN SHA ALLAH.*
- *Asaan toh nahi.*
- *un Bachpan ki Yaadon ko Chhor kar jana.*
- *Magar Kuch Lamhen Bula rahe hai.*
- *Kuch Haseen Waadiyan.*
- *Kuch Khiza ki Shaamein Intezaar mai hai.*
- *Toh kuch Baharon ki Fiza.*

***-Fiza Sheikh***

*The poem "Yeh Sheher" speaks to the idea of leaving a city or place behind, and the mixed emotions that can come with such a departure. The poet acknowledges that leaving is not easy, particularly when there are memories and relationships that tie us to a place. However, they also express a sense of hope and excitement for what lies ahead.*

*The poem suggests that while leaving may be difficult, it can also be a time of growth and renewal. By moving on from the past, we can open ourselves up to new experiences and opportunities. The poet suggests that*

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*even as they leave behind the memories of childhood, they are also looking forward to new adventures and experiences.*

*Ultimately, the poem is a celebration of life and the journey that we are all on. It reminds us that while we may be leaving behind certain things, we are also moving towards something new and exciting. By embracing change and being open to new experiences, we can continue to grow and evolve as individuals.*

## Patience

- *At the end everything passes be it a Problem or Sadness. Phase changes and Tough times too changes. The only thing to be done is to be Brave and Strong enough to hold on when these phases are passing by.*
- *Aur Yun tou Kehna Asan hai k Sabr rakho  
Magar Sabr rakhne wala hi janta hai k Sabr rakhne me kitna Sabr krna pdta hai*

**-Fiza Sheikh**

*The quote gives us the idea that life is full of ups and downs, and that we must be resilient in the face of adversity.*

*The Writer acknowledges that tough times will come and go, but that we must be strong enough to weather them. This requires patience, perseverance, and an unwavering commitment to our goals and values. It is easy to say that we should be patient and hold on during difficult times, but the reality is that it takes a great deal of strength and courage to do so.*

*Ultimately, the quote suggests that resilience is a key component of a fulfilling life. By learning to weather the storms of life, we can emerge stronger and more resilient than ever before. We can also learn to appreciate the good times even more, knowing that they are not guaranteed and that tough times may be just around the corner.*

*In Islam, it is believed that everything that happens in our lives is a test from Allah (SWT). This includes both the good times and the bad times.*

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*Therefore, when we face difficult times, it is important to remember that Allah (SWT) is testing us, and that we should be patient and trust in Him.*

*The quote suggests that everything in life is temporary, and that even the most difficult of times will eventually pass. This is a reminder that we should not lose hope or become despairing, but rather we should remain steadfast in our faith and trust in Allah (SWT).*

*The second part of the quote emphasizes the importance of patience. In Islam, patience (sabr) is considered to be one of the most important virtues. It is a quality that is praised and rewarded by Allah (SWT). The quote suggests that while it may be easy to say that we should be patient during difficult times, it is much harder to actually put this into practice. However, those who are able to remain patient and steadfast in their faith will be rewarded by Allah (SWT).*

*Overall, the quote encourages us to remain patient and trust in Allah (SWT) during difficult times, knowing that everything in life is temporary and that we will eventually emerge stronger and more resilient than ever before.*



## Happiness is found in Little things

- When you Realize that Happiness is not a Destination and it is found in little things, You actually understand what Happiness is.

**-Fiza Sheikh**

*The quote speaks to the idea that happiness is not something that we can achieve by reaching a certain goal or destination, but rather it is something that we can find in the small moments of our lives.*

*In our pursuit of happiness, it is easy to get caught up in the idea that we need to achieve certain things in order to be happy. We may think that we need to have a certain job, a certain amount of money, or a certain level of success in order to be truly happy. However, the reality is that happiness cannot be found in external factors alone.*

*True happiness comes from within, and it is something that we can cultivate in our daily lives. It is found in the small moments of joy and contentment that we experience, such as spending time with loved ones, enjoying a beautiful sunset, or simply taking a moment to appreciate the beauty of the world around us.*

*When we realize that happiness is not a destination, but rather something that we can find in the present moment, we are able to appreciate the little things in life and find joy in the simple pleasures. This allows us to live a more fulfilling and contented life, and to appreciate the beauty and wonder of the world around us.*

## Fantasy World

***I think You probably stepped out of My Fantasy World or You took me in it. Because you seem like one of the main character's of My Fantasy World.***

***-Fiza Sheikh***

*The quote speaks to the idea that the person is so special and unique that they seem to belong in a world of writer's own creation, or that they are able to transport the writer into a world that they have created.*

*It can be difficult to find people who truly understand us and who we feel a deep connection with. When we do find someone like this, it can feel like they are a part of a special world that we have created in our minds, or that they are able to transport us into a world of their own creation.*

*This quote suggests that the person is so special and unique that they seem to belong in a fantasy world, or that they are able to create a world that is so vivid and real that it feels like the writer is a part of it. It's a beautiful sentiment that speaks to the power of connection and imagination, and the ability of special people to make us Happy.*

## Coincidences

- *Coincidences and Unplanned Moments.*
- *A bunch of Beautiful Memories and Happiness all around*
- *That's it Readers.*
- *Come back to Reality.*

***-Fiza Sheikh***

*In this the Writer describes the beauty of coincidences and unplanned moments, as well as the happiness and memories that they can bring. It is also acknowledging the importance of coming back to reality and recognizing that life isn't always full of these beautiful moments.*

*The Writer thinks that it's important to cherish those happy memories and appreciate the beauty of the unplanned moments in life, but also to remember that reality can be challenging and difficult at times. By embracing both the good and the bad, we can find balance and meaning in our lives.*

## Power of Words

***Words can Heal you or Break you.***

***But it is Strange it cured My Physical Pain.***

***-Fiza Sheikh***

*The quote speaks to the power of words to affect us both emotionally and physically.*

*Words have the power to lift us up and make us feel better, or to tear us down and make us feel worse. They can have a profound impact on our emotional well-being, and can even affect us physically.*

## Innocence

***She is so Innocent to the Real Eyes.***

***-Fiza Sheikh***

*The quote suggests that Writer has a childlike innocence and purity despite being an adult.*

*In many ways, children are seen as pure and innocent because they have not yet been exposed to the darker aspects of the world. They are often free from the cynicism and jadedness that can come with age and experience, and are able to approach situations with a sense of wonder and curiosity.*

*When we describe an adult as being pure and precious like a kid, we are suggesting that they have a similar sense of innocence and purity about them. This can be a beautiful quality, as it allows the person to approach the world with an open heart and a sense of wonder, and to see the good in people and situations.*

*However, it's important to remember that the world can be a complex and sometimes challenging place, and that maintaining a childlike innocence can sometimes leave a person vulnerable to being taken advantage of or hurt. It's important to find a balance between maintaining our sense of wonder and curiosity, and being aware of the darker aspects of the world around us.*

## Kindness and Respect

- *Phool ko Phool ki tarah rakha jaye.*
- *Ise hamesha khuli Fiza mei rehne diya jaye.*

***-Fiza Sheikh***

*The urdu poetry suggests that a flower should be treated like flower, and should be allowed to always remain in the open air.*

*This gives us the idea that everyone should be treated with respect and care, and that they should be allowed to thrive in their natural environment. By treating a flower like a flower , Here the writer is referring that People should be treated with kindness and respect. By giving the example of flower the writer is acknowledging its inherent value and beauty, and by allowing it to remain in the open air, She is giving it the space and freedom it needs to grow and flourish.*

*This urdu poetry can be seen as a reminder to treat everyone with kindness and respect, and to honour their natural beauty and worth.*

## Best Home

- **Somebody's Heart.**
- **Perhaps it's the Best Home to Reside.**

***-Fiza Sheikh***

*This quote speaks to the idea that our relationships with others can provide us with a sense of home and belonging. When we have someone in our lives who truly cares for us and accepts us for who we are, we can feel safe and secure in their presence. Their heart becomes a place of refuge, where we can go to find comfort and support when we need it most.*

*This quote can be seen as a reminder of the importance of human connection, and of value of having people in our lives who truly care for us. It's a reminder that, even when life gets difficult, we can always find solace in the hearts of those who love us.*

## Kindness

- Your Kind Heart is not a Weakness. Keep it forever with you as the Most Precious Treasure.

**-Fiza Sheikh**

*This quote speaks to the idea that kindness is often seen as a weakness, when in fact it is a strength. When we approach the world with an open heart and a willingness to help others, we are showing courage and compassion, and are making the world a better place.*

*This quote can be seen as a reminder to hold onto our kindness, even in the face of adversity. It's a reminder that our kind hearts are a precious gift, and that we should never let anyone make us feel ashamed or weak for having them. Instead, we should treasure our kindness as a valuable asset, and use it to make a positive difference in the world.*



## Cherishing Connections

- *Mujhse hai kai log Wabasta.*
- *Ham jisko samajh agaye Unka Khushiyon aur Mohabbaton se hai Raabta.*
- *Jo na samjha Unka Shikayat se hai Raabta.*

**-Fiza Sheikh**

*This Shayari tells us that there are many people in our lives, but we only truly connect with those who understand us and appreciate our happiness and love.*

*It gives us the idea that true connections are based on mutual understanding and appreciation. When we find someone who truly understands us and supports us, we feel a deep sense of connection and belonging. On the other hand, when we encounter people who do not understand us or appreciate our struggles, we feel disconnected and alone.*

*It can be seen as a reminder to seek out and cherish those connections that are truly meaningful to us. It's a reminder that we don't have to be close to everyone, but we should strive to build deep and meaningful relationships with those who truly matter to us. By doing so, we can find a sense of love and belonging that can sustain us through even the toughest times.*

## Unspoken Emotions

***You know the Language of Unsaid things And I love these type of People.***

***-Fiza Sheikh***

*The quote suggests that there are some people who are able to understand and communicate the unspoken emotions and thoughts that exist between us.*

*This quote speaks to the idea that there is often more to our interactions with others than what is explicitly said. Sometimes, there are subtle cues and unspoken emotions that can convey more than words ever could. When we encounter people who are able to pick up on these unspoken cues and understand what we are really feeling, we feel a deep sense of connection with them.*

*This quote can be seen as a reminder to appreciate those people in our lives who are able to understand us on a deeper level. It's a reminder that there is more to our interactions with others than what is on the surface, and that we should strive to build relationships with people who are able to see and appreciate the full depth of who we are. By doing so, we can find a sense of understanding and connection that can enrich our lives in countless ways.*

## Good People

***One Characteristic of Good People is That they don't take People for Granted. Even if they can't do much to survive their bond. They will not take People for Granted.***

***-Fiza Sheikh***

*This quote speaks to the importance of valuing the people in our lives and not taking them for granted. It suggests that good people recognize the value of the relationships they have with others, even if they are not always able to reciprocate in the way that they would like.*

*By not taking people for granted, we show respect and appreciation for the people in our lives, and we demonstrate a willingness to be there for them even when it may be difficult or inconvenient. This can help to strengthen the bonds of friendship and create a sense of trust and mutual support.*

*Overall, this quote suggests that valuing the people in our lives is an important characteristic of being a good person, and that we should strive to cultivate this quality in ourselves and in our relationships with others.*

## Cherishing Nostalgia

### ***Cherishing Nostalgia***

- *Nostalgic Feelings and The Memories it holds.*
- *As we are Alive.*
- *We are all the Survivors of Thunders and Storms.*
- *Nostalgic Memories and Happiness this Weather holds.*
- *Let's just Cherish these feelings.*
- *Oh Yes these feelings will be the means of Happiness when we feel Stressed and Overwhelmed Sometimes.*

***-Fiza Sheikh***

*This poem speaks to the idea that our memories and the feelings they evoke are an important part of our lives.*

*The poem speaks to the idea that our memories have the power to transport us back in time and remind us of the experiences and emotions that have shaped us into who we are today. It suggests that we should cherish these memories and the feelings they evoke, even when those feelings are bittersweet or nostalgic. The poem also acknowledges the challenges and difficulties we face in life, and suggests that our memories can serve as a source of comfort and happiness when we are feeling stressed or overwhelmed. Overall, the poem encourages us to appreciate the moments that have made us who we are, and to find joy and meaning in the memories and emotions that we carry with us through life.*

## Trust and Freedom

- *Azad hai Parinde is Sheher mei.*
- *Sandeh ho tab bhi woh Azadi kahan kehlati hai*
- *Magar Yahan Aitbaar maujood hai.*

**-Fiza Sheikh**

*The Urdu Shayari speaks to the idea that freedom is a complex and multifaceted concept that can be difficult to define. While the birds in the city may be physically free to fly and move about as they please, there may still be doubts or uncertainties about what true freedom really means.*

*However, it suggests that trust is an important element of freedom, and that the presence of trust in a community or society can help to create a sense of freedom even in the face of uncertainty or doubt.*

*Overall, this Shayari encourages us to think critically about the nature of freedom and to recognize the importance of trust and community in creating a sense of freedom and belonging.*

## Emotional Connection

- *Anmol toh woh Shakhs hai.*
- *Jo Dil se Rishte nibhaye.*
- *Aur Phir jo Shakhs Fitraton Ehsaaso ko Nibhaate chala gaya.*
- *Woh Pagal kehlaya.*
- *Ajeeb Dastoor hai yeh.*

**-Fiza Sheikh**

*This Shayari speaks to the idea that people who value and prioritize emotional connections with others are often seen as precious or valuable, while those who are more open and expressive with their emotions may be seen as unconventional or even crazy.*

*The quote suggests that this is a strange and somewhat unfair tradition, as it can be difficult to navigate the complex social dynamics of emotional expression and connection.*

*Overall, this Shayari encourages us to value and prioritize our emotional connections with others. It reminds us that our natural emotions and expressions are a valuable part of who we are, and that we should strive to be true to ourselves and our feelings in our relationships with others.*

## Beauty Of Thoughts

- *Khayal toh mehez ek Khayal hai.*
- *Magar Khubsoorat kitna hai.*

**-Fiza Sheikh**

*This Urdu Poetry speaks to the idea that thoughts, ideas, and imaginations are all valuable and beautiful in their own way, even if they are not always tangible or concrete.*

*It suggests that the power of the mind and the beauty of our thoughts and ideas are something to be cherished and celebrated, even if they are not always fully realized or acted upon.*

*Overall, it encourages us to appreciate the beauty and power of our thoughts and ideas, and to recognize that they have value and worth even if they never fully come to fruition.*

## Navigating Uncertainty with Prayer and Faith

### ***Navigating Uncertainty with Prayer and Faith***

- *Uncertainties*
- *How should I react to them?*
- *Should I laugh?*
- *or Should I stay Silent?*
- *Whatever it is.*
- *I'm just Praying! That's it!*
- *MAY ALLAH BLESS YOU. AMEEN.*

***-Fiza Sheikh***

*This poem is very relatable and timely, as we are all facing a lot of uncertainty in our lives right now.*

*This poem is a powerful reminder that we don't always know how to react to the challenges we face in life, but that prayer and faith can help us find the strength and guidance we need.*

*It describes ways in which we can find comfort and guidance through prayer and faith. Whether you're facing a personal crisis, a difficult decision, or a global pandemic, this poem offers a reminder that we are not alone in our struggles, and that we can always turn to prayer for support and guidance.*



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*When we face uncertainty in our lives, it can be easy to feel overwhelmed and lost. However, Allah reminds us in the Quran that He is always with us, and that we can turn to Him in times of need. As it says in Surah Al-Baqarah, "And when My servants ask you, [O Muhammad], concerning Me - indeed I am near. I respond to the invocation of the supplicant when he calls upon Me" (2:186).*

*The poem captures this spirit of faith and resilience, reminding us that even when we don't know how to react to the challenges we face, we can always turn to prayer and trust in Allah's guidance.*

*May Allah bless you and guide you Ameen.*

## Writers

- *Ham kuch likhte rahe aur mitate rahe.*
- *Yeh sach hai k Hum kuch likhte rahe aur mitate rahe.*
- *Yeh Ehsaaso ki kashmakash bhi badi ajeeb hai Janab.*
- *Ham tou isi mei Ulajhte rahe.*

***-Fiza Sheikh***

*There are times in our lives when we keep on writing something and then erase it. The struggle and confusion of such moments are really strange. But maybe this is a sweet experience of life that Writers has to go through.*

## Soar

- *Siya rang k Daldal ko Sehan kar leta hai Yeh Dil*
- *Badi lambi Udaan bharta hai Yeh Dil.*
- *Zakham mei Roshni bhar jaane k baad.*
- *Badi lambi Udaan bharta hai Yeh Dil.*

**-Fiza Sheikh**

*This shayari is about the resilience of the heart. It speaks to the idea that even in the face of extreme difficulty and hardship, the heart can endure and continue to soar.*

*The phrase "Siya rang k Daldal ko Sehan kar leta hai Yeh Dil" means that the heart can bear even the darkest of circumstances. The "Siya rang k Daldal" refers to a swamp of black mud, symbolizing a difficult and trying situation. Despite this, the heart endures and "Badi lambi Udaan bharta hai Yeh Dil" - it takes flight and continues to soar.*

*The second part of the shayari speaks to the idea that even when the heart is wounded, it can still find a way to heal and continue on. "Zakham mei Roshni bhar jaane k baad" means that after a wound is filled with light, the heart can continue to take flight.*

*Overall, this shayari is about the strength and resilience of the human spirit. It reminds us that even when things seem impossible, we have the power to endure and continue on.*

## Taking Care Of My Heart

### ***Taking Care Of My Heart***

- *I will take care of you Dear Heart.*
- *Some roads will lead you to the Miseries.*
- *But I will be careful.*
- *I will Protect you from Drowning into deep down Ocean of Uncertainties.*
- *I will be Careful.*

***-Fiza Sheikh***

*This Poem speaks to the idea that life can be difficult and sometimes we need to take extra care to protect ourselves from the uncertainties that come our way.*

*The line "I will take care of you Dear Heart" is a powerful line. It reminds us that we are responsible for our own well-being and that we have the power to protect ourselves from harm.*

*The next line, "Some roads will lead you to the Miseries" is a reminder that life can be challenging and we will face obstacles along the way.*

*However, the following lines show that the author is determined to protect their heart from drowning in the "deep down Ocean of Uncertainties." This is a beautiful metaphor for the unpredictable nature*

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*of life. Despite the challenges that come our way, we can still find ways to protect ourselves and stay afloat.*

*Overall, this poem is a beautiful reminder to take care of ourselves and to protect our hearts from the uncertainties of life.*

## Cure

- *Shayad koi Shifa Maujood hai.*
- *Kisi ki Maujoodgi mei.*
- *Kisi ki Awaz mei.*
- *Kisi ki Baaton mei.*

**-Fiza Sheikh**

*This shayari means that there is a cure found in someone's presence, in someone's voice, in someone's words. It speaks to the idea that when we are feeling down, sometimes all it takes is someone's support or kind words to lift us up and help us heal.*

## A Message of Gratitude to the Changing Seasons

### ***A Message of Gratitude to the Changing Seasons***

- *Hey Changing Seasons*
- *Tell them Thanks for giving me the Unexpected Happiness*
- *Hey Changing Seasons*
- *Tell them everything which I couldn't say in words*
- *Hey Changing Seasons*
- *Make them feel Good*
- *Hey Changing Seasons*
- *Make them Happy*
- *Hey Changing Seasons*
- *Let's not Talk about Anything else*
- *Let us Talk only about Positive Vibes*
- *But for now U pass on My Message to them*
- *Patjhad k patte*
- *Barish ki Boond*
- *Sardiyon ki Barf*
- *Baharon ki Fiza*
- *Bas Yeh Paigham*
- *pohoncha dena*

***-Fiza Sheikh***

*This poem is all about thanking the changing seasons for bringing unexpected happiness and for all the things that we might not be able to put*

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*into words.*

*The lines "Patjhad k patte, Barish ki Boond, Sardiyon ki Barf, Baharon ki Fiza" are a really great way to describe the different seasons. They remind us of the beauty and unique qualities of each season.*

*The last lines, "Bas Yeh Paigham, pohoncha dena" are a message to the changing seasons to spread positivity and happiness. It's a reminder to focus on the good things in life and to share that positivity with others.*

*This poem is a beautiful tribute to the changing seasons and a reminder to focus on the positive things in life.*



## Loyalty

- *Gharo ki Roshni bujh gai*
- *Sadko pe Roshni Nazar aayi.*
- *Raat hogai aur Hame Andaza hi nai laga*
- *k Wafa Dhundte dhundte*
- *Ek aur Din Guzar gaya.*

**-Fiza Sheikh**

*The line of this Shayari "Sadko pe Roshni Nazar aayi," it's like we have seen something beautiful and it's brought light to our life. It's a really poetic way to describe a moment of joy.*

*"Raat hogai aur Hame Andaza hi nai laga k Wafa Dhundte dhundte Ek aur Din Guzar gaya," it's expressing the feeling of being lost in the search for Loyalty, and not realizing that time is passing by.*

*Overall, this shayari is powerful, and it captures the ups and downs of life in a poetic way.*

## Keeping Calm in the Midst of Change

### ***Keeping Calm in the Midst of Change***

- *Something was already Found*
- *Something was Going Well*
- *Yeah! But Something Interrupted*
- *Something Got Disturbed*
- *Something is fading away*
- *Something is staying here*
- *Oh But I'm just Keeping Calm*
- *And I am trying to maintain that Already found Something*

***-Fiza Sheikh***

*This poem seems to be about a person who has experienced some changes in their life, but is trying to keep calm and maintain the good things they have already found.*

*It gives an Idea that something was already found, and that it's important to hold onto that. It's also great that you acknowledge that something is fading away, but that something is still staying here.*

*This gives an idea that staying calm and valuing what you have achieved through changes can help u navigate things while going through Changes in Life.*

## Advices and Opinions

- *What an Irony*
- *After teaching how to ride through this way*
- *People Say don't go through this way*
- *Choose Something else*

**-Fiza Sheikh**

*This poem is about people who give advice but don't follow it themselves. It can be frustrating when people do this, especially if we've taken their advice and then find out that they're not following it themselves.*

*However, it's important to remember that everyone is human and makes mistakes. Sometimes we give advice that we don't follow ourselves, and that's okay. What's important is that we learn from our mistakes and try to do better in the future.*

*In the end, we have to make our own decisions and take responsibility for our actions. It's up to us to decide what advice to follow and what risks to take.*

## Uniqueness

***In that Constellation, That Star was a Different one.***

***-Fiza Sheikh***

*Its interesting to think about how we all have our own unique place in the world, just like the stars in a constellation. Even though we may seem small and insignificant at times, we all have something special to offer. Just like that one star that stood out from the rest, we all have the potential to shine in our own way.*

## Differences

- *If we have Different choices than we are not considered as Weird.*
- *But we should be tagged as Unique.*

*-Fiza Sheikh*

*This quote means that we should not be afraid to have different choices and preferences than others. Instead of being called weird, we should be celebrated for being unique.*

## Separation

***And when the Moon went far away from Star. The Star was not Star anymore. It became a Meteorite.***

***-Fiza Sheikh***

*This quote is very poetic. It's a beautiful metaphor for how we can lose our sense of identity when we're separated from the things that give us meaning. Just like the star that became a meteorite when it was separated from the moon, we can lose our sense of self when we're separated from the people and things that we love.*

*It's important to remember that we're all interconnected, and that our relationships with others help to define who we are. We should cherish those relationships and hold onto the things that give us meaning, even when they seem far away.*

## Journeys

- *Silsile khatam ho k naye Silsile shuru hote rahe.*
- *Mai toh Dariya k pani ki tarah behne vali Ladki hoon.*
- *Apna rukh wohin mod liya jahan se Raaste mude.*

**-Fiza Sheikh**

*This shayari speaks to the truth that sometimes in life, we have to change our direction. Sometimes, old journeys come to an end and new ones begin. But we should always keep moving towards our destination, no matter how many twists and turns we encounter along the way.*

## Happiness is found within Ourselves

- *Aey Insan*
- *Dhundne na nikal kahin aur*
- *Khud mei hi talaash kar k dekh ek baar*
- *Jo tu dhund raha hai woh khud mei hi Maujood hai.*

***-Fiza Sheikh***

*This shayari is saying that we should search for happiness within ourselves, rather than looking for it elsewhere. Sometimes, we go searching for happiness outside of ourselves, but the truth is that happiness is already within us. We can find true happiness by looking within ourselves.*



## Nyctophile

### ***Nyctophile***

- *There's A Girl fond of White Rose*
- *She Loves Night Time*
- *She likes Street lights*
- *She likes to see the beauty of Night as She is a Nyctophile*
- *She feels That Night is more Alive than the Morning itself*
- *Night gives her Peace*
- *While Mornings give her lil bit of Anxiety*
- *But She is a Happy Girl*
- *She has updated Her version in which the Kiddo in her is more Alive*
- *Yeah now everyone says that She Laughs more Louder than Before*
- *Whatever may be the Reason but everyone Around her is Happy to see Her Happy*

***-Fiza Sheikh***

*The poem is about a girl who loves white roses and night time. She enjoys the sight of street lights and finds the beauty of the night fascinating. She feels that the night is more alive than the morning itself. The night brings her peace, while mornings make her feel a little anxious. Despite this, she is a happy girl. She has updated herself and brought out her inner child. Now everyone around her says that she laughs louder than before. The reason behind this change is unknown, but everyone is happy to see her happy.*

## Gifts Beyond Measure

### ***Gifts Beyond Measure***

- *What can you gift an Online friend?*
- *U can Gift Hope*
- *U can Gift Peace*
- *U can Gift Happiness*
- *U can Gift Love*
- *U can Gift Kindness*
- *U can Gift Care*
- *U can be a Healer*
- *U can be Sunshine in Someone's Life*
- *After all These things are more valuable than those gifts which are bought from a shop*

***-Fiza Sheikh***

*The Writer reflects on the idea that the most valuable gifts we can give to our online friends are those that cannot be bought. She suggests that we can gift hope, peace, happiness, love, kindness, and care to our online friends, and that we can also be a healer and a source of sunshine in someone's life. The Writer emphasizes that these gifts are more meaningful and valuable than those that can be bought from a shop. This reminds us that true friendship is about the intangible things we give to one another.*

## True Beauty

### ***True Beauty***

- *Mujhe woh sare log Khubsoorat lagte hai*
- *Jo Dil-O-Jaan se Pur Khuloos hote hai*

***-Fiza Sheikh***

*In this Shayari, the author expresses their admiration for people who are sincere and genuine in their relationships. The author believes that those who are "Pur Khuloos" - pure of heart - are the most beautiful people in the world. The author values honesty and authenticity in their friendships above all else. This shayari reminds us that true beauty comes from within, and that the most precious friendships are those that are built on a foundation of honesty and sincerity.*

## Brave and Beautiful

### ***Brave and Beautiful***

- *She is Sensitive*
- *But She is Brave too*
- *People may call her Weird*
- *But She is the Queen of her own Kingdom*
- *Situation broke her down*
- *But she adjusted her crown to Battle it up*

***-Fiza Sheikh***

*In this poem, the author describes a woman who is both sensitive and brave. Despite the challenges she faces, She remains strong and confident in herself. The author acknowledges that some people may not understand her, but she doesn't let that stop her from being true to herself. Instead, she embraces her uniqueness and becomes the ruler of her own world. When life gets tough, she doesn't give up - she adjusts her crown and keeps fighting. This piece is a reminder that we are all capable of being brave and beautiful, no matter what obstacles we may face.*

## Forever Bond

***You have to Survive all Storms to make it a forever type of Bond.***

***-Fiza Sheikh***

*In this quote, the Writer reflects on the importance of overcoming challenges in order to build strong, lasting friendships. The Writer believes that only by weathering the storms of life together can two people truly form a bond that will last forever. This quote reminds us that true friendship is not just about enjoying the good times together, but also about supporting each other through the tough times. By sticking together and helping each other through difficult situations, we can create a bond that will stand the test of time.*



### ***3. A Tapestry Of Life***

#### **Rekindling the Friendship**

##### ***Rekindling the Friendship***

- *How beautiful is that the small conversation after alot of months just refreshes You from within, makes you feel Alive, and makes you feel like your Friendship is still the same.*

***-Fiza Sheikh***

*The Writer reflects on the joy of reconnecting with an old friend after a long period of time. The Writer describes how the simple act of having a conversation after months apart can invigorate the soul and remind us of the strong bond we share with our friends. Even if a lot of time has passed, the connection between friends can still be just as strong as ever. This piece is a reminder to reach out to old friends and rekindle those relationships that may have fallen by the wayside over time.*

## Letting Go

### ***Letting Go***

- *Sometimes we just get entangled with our thoughts that we create deep pits of Despair. Instead of doing that Just Pray and Leave it.*

***-Fiza Sheikh***

*The author encourages readers to let go of negative thoughts and feelings by turning to prayer. The author acknowledges that it can be easy to become consumed by despair when we get caught up in our own thoughts. However, instead of dwelling on these negative emotions, the author suggests turning to prayer as a way of releasing them and letting them go. By entrusting in Allah, we can find peace and relief from the burdens of our own minds. This is a reminder that we don't have to carry our troubles alone - we can always turn to prayer for comfort and guidance.*



## The Power of Positivity

### ***The Power of Positivity***

- And when Positivity is given the Preference, Positive things starts taking place in our Life Actually. No matter the Positive Difference is little , Because Sometimes little things makes all the Difference.

***-Fiza Sheikh***

*The Writer emphasizes the importance of choosing positivity in our lives. When we focus on the positive, we attract more positive things into our lives. Even small positive changes can make a big difference in our overall happiness and well-being. This is a reminder that we have the power to choose our outlook on life, and that by choosing positivity, we can create a more joyful and fulfilling existence for ourselves.*

## Art of Positivity

- *She is Mastering the Art of Finding Calmness in Chaos.*
- *She is Learning to avoid the Sounds of Negativity.*
- *She is Learning to find the Sounds of Positivity.*
- *And Now She is Mastering the Art of Positivity.*

**-Fiza Sheikh**

*It's so important to learn how to find calmness in chaos, and to avoid the sounds of negativity in our lives. When we focus on the positive things around us, and when we surround ourselves with positive people and experiences, we can unlock the power of positivity in our lives. And when we master the art of positivity, we can accomplish anything we set our minds to. So let's all work on finding the good in every situation, and let's strive to be positive and optimistic every day. After all, positivity is contagious, and it can help us to spread love and kindness to those around us.*

## Positive People

- I like people being Passionate about their goals. I like the Shine in their eyes and their voice being filled with Positivity. I like Positive talks, Positive People. I like all those Positive things which helps me to feel a little lighter and more Alive.

***-Fiza Sheikh***

*The Writer reflects on the importance of surrounding oneself with positive people and energy. She notes that when we are around people who are passionate about their goals and filled with positivity, it can have a profound impact on our own outlook and well-being. This is a reminder that we have the power to choose the energy and people we surround ourselves with, and that by seeking out positivity, we can create a more fulfilling and joyful life.*

## Gratitude and Resilience

### ***Gratitude and Resilience***

- Always be Grateful. All the hardships and stormy days which you have survived has made you a stronger Person. The beauty of Life is that one day Flowers will bloom and the Sun will Shine at the end of a darkest of night for sure.

***-Fiza Sheikh***

*The Author encourages readers to cultivate a sense of gratitude for the challenges we have faced in life. She notes that these hardships have made People stronger and more resilient, and that this strength will help them to weather future storms. This quote is a reminder that even in the darkest of times, there is hope for a brighter future. By holding onto gratitude and resilience, we can find the strength to persevere through difficult times and emerge stronger on the other side.*

## The Power of Art and Writing

### ***The Power of Art and Writing***

- *And when it feels like no one could understand the actual meaning of feelings, Poets portray them through Writing.*
- *In Tiny droplets of rain, She felt everything a Poet could Write a Poetry for.*
- *But how will She explain the feeling of Freedom while being caught in Nostalgia of Sweet Memories?*
- *Author of the Book was trying to portray all the Nostalgia related to the changing Weather.*
- *But How much a Writing could say?*
- *Maybe more than the Mere Talk could explain.*
- *Things which could be preserved with us includes Art*
- *Thatswhy everything which could remind the Author about those Sweet Memories was Preserved in an Art form*

***-Fiza Sheikh***

*The Author explores the ways in which art and writing can help us to express our emotions and experiences. The author notes that sometimes it can be difficult to put our feelings into words, but that poets and writers are able to capture the essence of those feelings through their work. Similarly, the author notes that art can be a powerful way to preserve memories and emotions. This poetry is a reminder that we all have the ability to express ourselves through art and writing, and that these creative outlets can be a powerful tool for healing and self-expression.*

## The Beauty of Solitude

### ***The Beauty of Solitude***

- The constant urge to disappear into Beautiful places and letting go of every drama happening in your Life.
- Free from everything finding ur own self and living in Solitude and Peace.

***-Fiza Sheikh***

*The Writer reflects on the allure of escaping to beautiful places and finding solace in solitude. The Writer notes that in these moments, we are able to let go of the drama and stress of everyday life and find peace within ourselves. This is a reminder that it is important to take time for ourselves, to find moments of solitude and reflection, and to connect with the beauty of the world around us. By doing so, we can find a sense of peace and contentment that can help us to navigate the challenges of life.*

## Favourite Person

- Everyone are Different and Unique in their own way. I am too. But when Rare ones match my Ideologies, it somehow feels better. And a person like that is likely to become a Favourite Person. Maybe finding ourselves in others pushes us to create more stronger bond with them.

**-Fiza Sheikh**

*The Writer reflects on the importance of finding people who share our values and beliefs. The Writer notes that when we find someone who aligns with our ideologies, it can create a deeper sense of connection and bond. This piece is a reminder that we are all unique individuals, but that our similarities can bring us together and create meaningful relationships. By seeking out those who share our values and beliefs, we can find a sense of belonging and connection that can enrich our lives.*

## The Beauty of Hope

### ***The Beauty of Hope***

- And everytime it seems like the storm is heavy. We often think how will we survive. But light is regained as soon as the storm ends. Yeah its so hard to hold on but Hope is something which keeps us going.

***-Fiza Sheikh***

*The Writer reflects on the power of hope in times of difficulty. The Writer notes that when we face challenges and storms in our life, it can be easy to lose hope and give up. However, the writer reminds us that hope is what keeps us going, even when things seem impossible. This is a reminder that we all face storms in our lives, but that by holding onto hope, we can weather those storms and emerge stronger on the other side. By staying positive and believing in a brighter future, we can find the strength to keep moving forward.*



## The Strength of Acceptance

### ***The Strength of Acceptance***

- *Sometimes you have to stand up alone. Although you will have ur loved ones supporting you. But sometimes You have to battle it up on your own.*
- *And the broken You could be healed through Acceptance and Positivity.*

***-Fiza Sheikh***

*In this quote, the author reflects on the importance of accepting oneself and finding positivity in difficult times. The author notes that while we may have loved ones to support us, there are times when we must stand alone and face our battles on our own. However, the author reminds us that we have the strength within ourselves to overcome these challenges, and that through acceptance and positivity, we can heal our broken selves. This is a reminder that we are all capable of finding the strength to face our challenges, and that by accepting ourselves and embracing positivity, we can find healing and growth.*

## The Emptiness of Missing You

- *I don't know how should I react to the emptiness of missing you.*
- *In absence of you It is as if everything becomes colourless.*

**-Fiza Sheikh**

*The quote expresses the feeling of emptiness and sadness when someone we care for is not around. The writer is struggling to figure out how to cope with the feeling of missing someone. The quote also suggests that the absence of the person makes everything seem dull and colorless. Perhaps the writer is trying to convey that the presence of the person brings vibrancy and life to their world.*

## The Power of Memories

### ***The Power of Memories***

- *When we are far away from our Friends and Loved ones we actually feel emptiness of missing them.*
- *She is a kind of Person who misses even those friends who are not in contact with her from years,*
- *who doesn't even care She exist.*
- *People say She keeps a diary of memories with her in Head,*
- *Yeah in some situations you can say she has a strong memory.*
- *Sometimes Nostalgic memories heal her.*
- *People leave but memories stay and that's what People say.*
- *But Having a good memory has its pros and cons.*
- *It may heal People or break them.*

***-Fiza Sheikh***

*This Poem expresses the idea that when we are separated from the people we care about, we feel a sense of emptiness and longing. The writer seems to be someone who misses people even if they haven't been in contact for years. The writer also seems to have a strong memory and keeps memories of people in her head. Sometimes these memories can be comforting, but they can also be painful. The quote suggests that memories can be both a blessing and a curse, and that people come and go but memories stay with us.*

## Human Connection

- Some People can make you happy by just being in Your Memories.

**-Fiza Sheikh**

*The Writer believes that memories are one of the most precious things that we have in our lives. They are the remnants of our past, and they shape our present and future. Memories are what we hold on to when everything else seems to be slipping away. And when it comes to people, memories can be even more powerful.*

*"Some People can make you happy by just being in Your Memories." means that there are some people in our lives who may have left from your life or maybe being far from us but their memories brings us happiness. These people may have left our lives, or distanced themselves from us but their memories are so precious to us that we cherish them and they make us happy.*

*She believes that these memories are a testament to the power of human connection. They show us that even when people are no longer physically present in our lives, their impact can still be felt. She believe that this is one of the most beautiful things about being human. We have the ability to connect with others on a level that transcends time and space.*

*She believes that memories are one of the most powerful things that we have in our lives. They are what shape us, what define us, and what bring us happiness. And the fact that some people can make us happy just by*

## THE RADIANT DARK

*being in our memories is a testament to the power of human connection  
and the beauty of life.*

## Pretty Moon

- It's not like that something feels like a void but seeing this Pretty Moon and when the Weather is awesome then it feels like something is missing.

**-Fiza Sheikh**

*There's something so special about looking up at the moon and feeling its peaceful energy wash over you. And when the weather is perfect, it's like the whole world is in harmony and everything just feels right. But the writer think that it's important to remember that even when things don't feel quite right, there's still beauty and magic all around us. So let's all try to appreciate the little things in life, and to find joy and wonder even in the darkest moments. After all, the moon will always be there to light our way, no matter what!*

## Be Strong

- Don't be dependent on anyone else. Fight your own battles. Get up and learn self love. Be Strong. Wake up and learn to Get up again and again after falling.. Never Give up. Give ur Goals a fresh start. Make changes in things which needs to be changed. But hold on to softer side of ur soul, Your Kindness.

**-Fiza Sheikh**

*This quote is a powerful reminder of the importance of self-reliance and resilience. By learning to fight our own battles and never giving up, we can achieve our goals and become stronger, more confident individuals. But it's also important to remember to be kind to ourselves and others, and to hold onto the softer side of our souls. By embracing our own vulnerability and treating ourselves with compassion, we can cultivate a sense of self-love that will help us weather life's ups and downs with grace and resilience.*

## Dreams

### ***Dreams***

- *It's okay to have Dreams with Paperplanes.*
- *Lights and Happiness.*
- *The World of Happiness.*
- *Hardships exist everywhere.*
- *No matter if You Hide Somewhere.*
- *Those things are gonna there Everywhere.*
- *But That Satisfaction of achieving Goals keeps You Alive.*
- *Make small Goals to achieve the bigger ones IN SHA ALLAH.*

***-Fiza Sheikh***

*This poem is all about the importance of having dreams and goals in life. It talks about how even when we face hardships and challenges, our dreams can keep us motivated and alive. The poem encourages us to keep dreaming, no matter how big or small our dreams may be, and to work hard to achieve our goals. It also reminds us that no matter what obstacles we may face, we can always find satisfaction and joy in the pursuit of our dreams. Finally, the poem encourages us to trust in Allah to guide us along the way, and to have faith that anything is possible if we only believe.*



## Passionate

- She is in Love with her White Coat.
- And She likes all those things which keeps her Dreams alive.

**-Fiza Sheikh**

*The author describes a Women who is deeply passionate about her work and her dreams. The white coat is a powerful symbol of her dedication to profession, and the things that keep her dreams alive are a testament to her commitment to living a fulfilling life. By embracing her passions and staying true to herself, She is able to find joy and meaning in everything She does, and to create a life that is full of love and purpose.*

## Deep Writings

***You can truly understand deep writings of a Writer if you have gone through those things in Life.***

***-Fiza Sheikh***

*The Writer has often found that her deepest and most meaningful writings have come from her own personal experiences and struggles. There's something incredibly powerful about putting our own stories and emotions onto the page, and sharing them with others who may be going through similar struggles. And as readers, we can often gain a deeper understanding and appreciation of a writer's work when we've been through similar experiences ourselves. By tapping into our own personal experiences and sharing them with others, we can create a sense of connection and understanding that can be incredibly healing and transformative.*

## Accepting Harsh Realities

- Sometimes we need to accept harsh realities. We need to understand that everything can't go the way as we have thought. But remember whatever is coming our way is always good for us and that's what makes sense after it has passed away. Although they are the harsh Realities but they live many treasures behind, we need to cherish those treasures.

**-Fiza Sheikh**

*It can be difficult to accept harsh realities and let go of our expectations, but everything that comes our way has a purpose and a lesson to teach us. Even when things don't go the way we planned, there are often hidden treasures waiting to be discovered. By embracing the challenges that life throws our way and looking for the silver lining in every situation, we can learn and grow in ways that we never thought possible. So let's cherish the treasures that life has to offer, and embrace the journey with open hearts and minds.*

## Stay Kind

- *And it takes a lot to stay just the way as you are. To stay kind even after you have experianced the cruelties of the world. These kinda people need to be Loved and Respected more and more.*

*-Fiza Sheikh*

*It can be incredibly difficult to stay kind and compassionate in a world that can often be cruel and unforgiving. But the people who are able to do so are truly special and deserve all the love and respect in the world. By staying true to ourselves and our values, even in the face of adversity, we can become beacons of hope and light in a dark world. So let's all strive to be kind, loving, and compassionate, and to spread positivity and joy wherever we go. After all, the world could always use a little more kindness!*

## Silence

- *Silence also has the Loudest Voice.*
- *It just needs the Right Person to hear.*

***-Fiza Sheikh***

*Sometimes, the most powerful message we can send is the one that we don't say at all. Silence can be an incredibly powerful tool for communication, especially when we're trying to convey something that's difficult or complex. It can also be a way to show respect and honor to someone, by simply being present with them and holding space for their thoughts and feelings. It takes the right person to truly hear and understand the message that silence is trying to convey. So let's all strive to listen deeply and attentively, both to the words that are spoken and the ones that are left unsaid.*

## Keep Patience

- *Most satisfying thing I realized is that I kept Patience when My World was torn apart.*

**-Fiza Sheikh**

*It can be incredibly difficult to keep our cool and stay patient when everything around us seems to be falling apart. But the people who are able to do so are truly special and deserve all the love and respect in the world. By staying patient and calm, even in the face of adversity, we can become beacons of hope and light in a dark world. So let's all strive to be patient, loving, and compassionate, and to spread positivity and joy wherever we go. After all, the world could always use a little more patience!*

## Kind and Loving

- *I am tender like A Flower and little things which will be different in a behaviour can affect me. Small Gestures of Kindness can make me Happy or the Moody behaviour can make me moody too.*

***-Fiza Sheikh***

*It's amazing how much of an impact small gestures of kindness can have on our mood and overall well-being. Even something as simple as a smile or a friendly word can make all the difference in the world. And on the flip side, negative behavior can really bring us down and make us feel moody and upset. So let's all strive to be kind and loving to one another, and to spread positivity and joy wherever we go.*

## Deep Thinkers

- *With whom will the Deep thinkers have a Talk?*
- *They will probably choose a book to sail within the existing World of exploring and Learning something new.*

***-Fiza Sheikh***

*Deep thinkers often find that books are the perfect way to explore new ideas and learn about the world around them. There's something magical about losing yourself in a good book and discovering new insights and perspectives that you might not have considered before. And the best part is that you can do it from the comfort of your own home! So let's all strive to be lifelong learners, and to never stop exploring and discovering new things. After all, the world is full of wonder and beauty, just waiting to be discovered!*



## Love Yourself

- *Get Obsessed with your own self. Love Yourself. Because the most important thing we need to do for survival is accepting our own self. So accept How Wonderful and Kind your Soul is. And what matters is how you think about Yourself.*

**-Fiza Sheikh**

*It's so important to love and accept ourselves for who we are. After all, we are all unique and special in our own way, and we each have something wonderful and valuable to offer the world. By embracing our own beauty and kindness, we can become more confident and self-assured, and we can live our lives with more joy and purpose. So let's all strive to love ourselves more deeply, and to always remember how amazing and special we truly are!*

## No one is Perfect

- When You accept Yourself.
- The World accepts You.

**-Fiza Sheikh**

*Learning to accept ourselves for who we are is one of the most important things we can do in life. When we accept ourselves, flaws and all, we give others permission to do the same, and we open ourselves up to a world of acceptance and love. So let's all work on accepting ourselves, and on embracing our unique qualities and strengths. After all, we are all special and unique in our own ways, and that's something to be celebrated!*

## Beauty of Small Moments

- *I appreciate the Beauty of small moments. I appreciate the beauty of seeing the same moon again and again with the same Passion. Being Alive is all about living these small moments.*

***-Fiza Sheikh***

*There's something truly magical about appreciating the beauty of small moments. Whether it's watching the moon rise over the horizon or simply enjoying a cup of coffee in the morning, these little moments can bring so much joy and meaning to our lives. Being alive is all about living these small moments to the fullest, and cherishing every moment that we have. So let's all take a moment to appreciate the beauty around us, and to live our lives with passion and purpose!*

## Beautiful Moments

- *I love those Moments when I need to voluntarily blink my eye just to ensure if everything is Real.*

**-Fiza Sheikh**

*Sometimes life can be so amazing and surreal that we need to take a moment to blink our eyes and make sure it's all real. Whether it's a beautiful sunset or a moment of pure joy, these experiences can be so powerful and meaningful that they almost don't feel real. But that's what makes them so special! So let's all take a moment to appreciate the wonder of reality, and to find joy and beauty in even the most ordinary moments. After all, life is full of magic and wonder, if we only take the time to look for it!*

## True Friendship

- Beautiful essence of some Bonds remains the same even when you meet after several Months or Years.

**-Fiza Sheikh**

*There's something truly special about those bonds that stand the test of time, and that remain strong even when we haven't seen each other in months or years. It's like no matter how much time has passed, we can pick up right where we left off, and the connection between us remains just as strong and meaningful as ever. So let's all cherish those special bonds in our lives, and make sure to stay connected with the people we care about, no matter how much time has passed. After all, those connections are what make life truly beautiful and meaningful!*

## Wounds and Stitches

- *Life revolves around Wounds and Stitches. And I like those People who stitch the Wounds without giving pain and those who fill up your Soul with Peace.*

***-Fiza Sheikh***

*Life can be full of wounds and stitches, but it's those special people who help us heal and find peace that make it all worthwhile. Whether it's a friend who listens without judgement, or a loved one who offers a shoulder to cry on, these people have a special gift for stitching up our wounds and filling our souls with peace. So let's all cherish those special people in our lives, and make sure to be that person for others whenever we can. After all, healing is a beautiful and powerful thing, and it's something that we can all be a part of, if we only take the time to care!*

## Finding or Being the One

- *Find Someone who doesn't need anything from you but Your Happiness matters them the most. Find Someone who is always there to solve all your doubts and confusions and ensures that you are okay. Find someone who already knows about your emotions and have an Idea about the thinking going on in your Mind. Find someone who is capable of bringing you in a light mood by just their mere presence. And if You don't find anyone than Be A Person like that.*

**-Fiza Sheikh**

*It's so important to find people in our lives who truly care about us and who are there for us no matter what. Whether it's a friend, a family member, or a partner, these special people have a way of making us feel loved, supported, and understood. And if we can't find anyone like that, we can always strive to be that person for others, and to bring joy and happiness into their lives. So let's all cherish those special connections in our lives, and make sure to be there for the people we care about, no matter what!*

## Living in the Present

- *You can't go Back*
- *You can't go in Future*
- *But You can stay in Present*
- *And You can be Happy in the Present Moment*
- *You can accept the Reality*
- *You can accept all those things which Life brings to you*
- *I know it's Hard sometimes*
- *But Acceptance is the Key to Victory*

***-Fiza Sheikh***

*It's so important to live in the present moment and to find happiness in the here and now. Although we can't go back in time or see into the future, we can make the most of every moment we have, and find joy in the little things that life brings us. And when we learn to accept the reality of our lives, and to embrace all the challenges and blessings that come our way, we unlock the key to true victory and success. So let's all practice acceptance, and let's strive to find happiness and joy in every moment of our lives.*



## Goals

- **Stay Alive by keeping Your Goals Alive.**

***-Fiza Sheikh***

*One of the most important things we can do in life is to set goals for ourselves, and to work hard to achieve them. When we have something to strive for, we give ourselves a sense of purpose and direction, and we can stay motivated and focused even when things get tough. And when we stay committed to our goals, we give ourselves a reason to keep going, even when life throws us curveballs. So let's all work on setting goals for ourselves, and let's stay committed to achieving them, no matter what challenges we may face along the way. After all, the power of goals is truly incredible, and it can help us to stay alive, both figuratively and literally.*

## Fears

- *Overcome Your Fears.*
- *And You will be More Courageous.*
- *More Fear Free.*

***-Fiza Sheikh***

*Overcoming our fears is one of the most important things we can do in life. When we face our fears head on, we give ourselves the opportunity to be more courageous, and more free from the things that hold us back. And when we learn to be brave in the face of adversity, we unlock a whole new level of strength and resilience that can help us to overcome any obstacle. So let's all work on overcoming our fears, and let's strive to be more courageous and fearless every day. After all, the power of courage is truly incredible, and it can help us to achieve amazing things in our lives.*

## Standing by Each Other

### ***Standing by Each Other***

- Consistency matters in everything. In success too. But the thing People need to realize is to be with other People when they are not at the top of the Horizons. And lastly all that matters is sometimes a person who gives you strength and support makes you win.

***-Fiza Sheikh***

*The author emphasizes the importance of consistency in achieving success, but also highlights the importance of standing by others when they are struggling. The author notes that having someone who provides strength and support can make all the difference in achieving our goals. This reminds us that true success is not just about individual achievement, but also about supporting and uplifting those around us. By standing by each other through thick and thin, we can create a community of support that helps us all to thrive.*

## Success

***Your Success Starts where Fear Ends.***

***-Fiza Sheikh***

*One of the keys to success is learning to overcome our fears, and to push past the things that hold us back. When we learn to be fearless, we give ourselves the opportunity to achieve amazing things, and to reach our full potential in life. And when we stop letting fear control us, we open ourselves up to a whole new world of possibilities, and we can truly achieve anything we set our minds to. So let's all work on being fearless, and let's strive to be bold and courageous in everything we do. After all, the power of fearlessness is truly incredible, and it can help us to achieve greatness in all aspects of our lives.*



